



# A very warm welcome to the **Josie Clarke Academy of Dance & Acrobatics**

## **About the School**

JCADA is a studio focused on achieving exceptional standards of dance and acrobatics, with emphasis on correct technique and safe progressions. The studio welcomes supportive parents and dedicated pupils who have a passion for dance, strive for perfection and love performing.

## **The Teachers**

The enthusiastic teaching staff nurture creativity and artistic development in each pupil, in a warm and positive environment. This enables each dancer to learn and grow at their own pace, ensuring they achieve their full potential. Classes are taught by daughter and mother team, Josie Clarke and Alison Noble, who are both fully qualified with the BATD, IDTA, Acrobatic Arts and Alixa Flexibility, enabling them to teach dancers from pre-school to professional level. Miss Josie has also recently qualified as a teacher with the ADTA and is PBT Certified. All the JCADA team have undergone safeguarding training, have an enhanced DBS disclosure and hold a Level 3 qualification in Paediatric First Aid.

## **Classes**

To ensure all dancers enjoy a variety of styles and excel as well rounded performers, they are required to attend classes incorporating Ballet, Tap, Modern and Flexibility. Children are welcome from the age of three into Twinkle Toes, a pre-school class where having fun and building confidence is the foremost priority. Dancers then progress to Pre Primary and Primary, learning rhythms and developing musicality to prepare for their first graded exams. As dancers progress through the school they are required to attend a minimum of twice weekly; one class incorporating Tap and Modern Dance, the other, Ballet and Flexibility training. Additional, optional classes include Acrobatic Arts (from age 3) and Belly Dancing (from age 6). All classes are designed to inspire dancers, encourage strong technique and develop artistry and performance.

## **Fees**

JCADA offers exceptional value for money. Classes are arranged to run as closely to the school terms as possible (36 weeks per year), **however fees are divided into 12 monthly membership payments to spread the cost.** Fees are based on the number of hours your dancer attends per week and payment by standing order is preferable please. The cost per dancer is:  
Up to 1 hour a week = £15 a month \* Up to 2 hours a week = £20 a month \* Up to 3 hours a week = £25 a month \* Up to 4 hours a week = £30 a month \* Up to 5 hours a week = £35 a month \* More than 5 hours a week = £40 a month

## **Uniform**

All students are actively encouraged to dress smartly and take pride in their appearance. School uniform is purchased through the school's online store <http://jca.mydancestore.co.uk>, and is compulsory at all classes to promote a sense of belonging and equality. For health and safety reasons hair should be fully swept back into a classically dressed bun or French plait; jewellery must also be kept to a minimum. Promotional wear including rhinestone t-shirts, hoodies, onesies, shorts and leggings can be purchased from [www.rockthedragon.co.uk/jcada](http://www.rockthedragon.co.uk/jcada)

## **Examinations**

JCADA is renowned for its outstanding examination results. Graded exams are held throughout the year with BATD, IDTA and Acrobatic Arts, providing official accreditation and evidence of progression and attainment. Examinations motivate dancers to be the best they can be, giving them a chance to shine and be proud of their achievements.

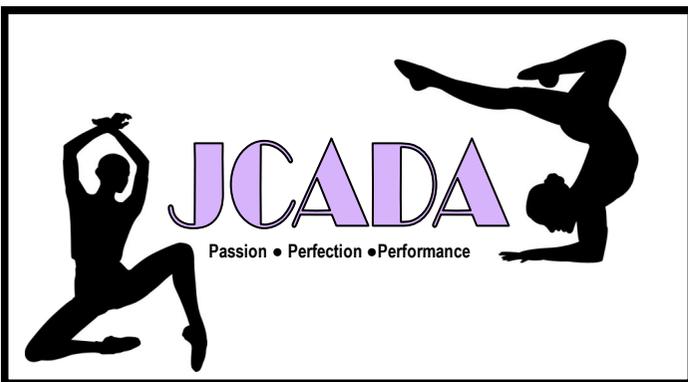
## **Shows, Performances and Competitions**

The studio aims to produce a full school show every 18 months, packed with sparkle, glitz and creating many magical memories. Regular parent days are also scheduled to allow dancers to showcase their talents to their families. Dancers are invited to participate in competitions based on their attendance, merit and attitude.



**Classes held at JCADA Studio, 22 Spayne Road, Boston, PE21 6JP  
& The Gliderdrome, Spain Place, Boston, PE21 6HN  
Email: [josieclarkeacademy@outlook.com](mailto:josieclarkeacademy@outlook.com) Website: [www.jcada.co.uk](http://www.jcada.co.uk)**





# Classes Spring 2021



IDTA



ACROBATIC ARTS



CorporateLiveWire  
CENTRAL ENGLAND  
PRESTIGE AWARDS

Josie Clarke Academy of  
Dance & Acrobatics

2020/21 WINNER

Dance School  
of the Year

## Saturday

- 9.00 am Twinkle Toes (1) *Pre-School age 3-4*
- 9.45 am Twinkle Toes (2) *Reception age 4-5*
- 10.30 am Twinklers *Year 1 age 5-6*
- 11.30 am Pre Primary: Ballet, Modern & Tap
- 12.45pm Primary: Ballet, Modern & Tap (A)
- 2.15 pm Primary: Ballet, Modern & Tap (B)
- 3.45 pm Grade 1: Ballet Modern & Tap
- 5.15 pm CLOSE

## Monday

- 4.00 pm ADTA Intermediate Class
- 5.00 pm Grade 2 Ballet & Flexibility
- 6.00 pm Grade 3 Ballet & Flexibility
- 7.00 pm Grade 4 Ballet & Flexibility
- 8.00 pm Major Grades - Ballet
- 9.00 pm Pointe Work
- 9.30 pm CLOSE

## Tuesday

- 4.00 pm Grade 5 Ballet & Flexibility
- 5.00 pm Grade 2 Tap
- 5.45 pm Grade 2 Modern
- 6.30 pm Grade 3 Tap (A)
- 7.15 pm Grade 3 Modern
- 8.00 pm Grade 3 Tap (B)
- 8.45 pm Grade 4 Modern (A)
- 9.30 pm CLOSE

## Wednesday

- 4.15 pm Primary Acrobatic Arts (A)
- 5.00 pm Grade 4 Tap
- 5.45 pm Grade 4 Modern (B)
- 6.30 pm Grade 5+Tap
- 7.15 pm Major Grades –Modern
- 8.00 pm Glitz
- 9.30 pm CLOSE

## Thursday

- 4.15 pm Primary Acrobatic Arts (B)
- 5.00 pm Junior Belly Dance
- 5.45 pm Intermediate Belly Dance
- 6.30 pm Senior Belly Dance (12+)
- 7.15 pm Senior Stretch & Strength (12+)
- 8.15 pm CLOSE

## Friday

- 4.15 pm Level 1/2 Acrobatic Arts
- 5.15 pm Level 2/3 Acrobatic Arts
- 6.15pm Level 3/4 Acrobatic Arts
- 7.30 pm Level 5/6 Acrobatic Arts
- 8.45 pm CLOSE

**Sundays are reserved for competition practice, exams, workshops and private lessons. Please enquire for availability.**

**First Lessons of Term:** Monday 4th January, Tuesday 5th January, Wednesday 6th January, Thursday 7th January, Friday 8th January, Saturday 9th January  
**NO CLASSES** - There will be no classes running Monday 25th January to Sunday 31st January inclusive due to Teacher Training. This week will be made up at the beginning of the Summer Term (we will start back a week early, rather than having two weeks off at Easter)  
**HALF TERM (no classes)** - Monday 15th February, Tuesday 16th February, Wednesday 17th February, Thursday 18th February, Friday 19th February, Saturday 20th February  
**Last Lessons of Term:** Monday 29th March, Tuesday 30th March, Wednesday 31st March, Thursday 1st April, Friday 2nd April, Saturday 3rd April  
**EASTER BREAK (no classes):** Monday 5th April, Tuesday 6th April, Wednesday 7th April, Thursday 8th April, Friday 9th April, Saturday 10th April